

Communitas Supportive Care

Mission Statement

Communitas Supportive Care is a service provider, advocate and resource for persons living and dealing with mental, physical and/or emotional disabilities. All human life is created in the image of God, therefore we will seek to show God's love to all persons and serve them with dignity and respect.

Guiding Principals:

- ♣ **Love, Compassion and Gentleness**
- ♣ **Teaching and Learning**
- ♣ **Consistent Ethic**
- ♣ **Home**
- ♣ **Community**
- ♣ **Family**
- ♣ **Friendships**
- ♣ **Spirituality**

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Sanctuary of Safety
...a place to call home

FASD Program

Services for Adults

with a

Fetal Alcohol Spectrum

Disorder

A program of



Building community in the name of Christ

Sanctuary of Safety (S.O.S.)

...a place to call home

History:

Creating a home for adults struggling with Fetal Alcohol Spectrum Disorder (FASD) has long been on the hearts of many at Communitas Supportive Care Society. We know, and have experienced, that 80% of adults with FASD are not able to live life well independently. In response to this need we are facilitating a semi-supported living program in Chilliwack. We have the availability of eight apartments where adults may live interdependently, having their own suites, but able to access support, friendship and connection from staff, peers and other residents. The S.O.S. FASD program is a life-skills program supporting adults who are committed to learn, contribute and live interdependently in the community.

Mission Statement

“Sanctuary of Safety” partners with community resources to provide support and safety in a healthy living environment. We encourage physical, emotional and spiritual growth, respecting diversity.

Purpose:

To provide a safe, nurturing and supportive living environment for adults living with the daily struggles associated with a FASD. The support and available resources are designed to encourage higher levels of interdependence, safety, growth and inclusion.

Goals/Outcomes:

- Interdependence
- Personal growth
- Mutual Respect
- Individuality
- Crime/Victimization prevention
- Healthy Connections/Relationships
- Safety
- Contributing members in the community

Life Skills Components:

We offer individualized support programs including life skills training and assistance in:

- Budgeting
- Menu planning, cooking, nutrition
- Household maintenance
- Access to community and health services
- Conflict resolution/anger management
- Social/interpersonal relationship skills
- Recreation
- Advocacy
- Education
- Spirituality
- Family Connections
- Peer Support